Ring of Hearts

18-½" x 41-½"

Table Runner

100% Cotton Fabric Requirements:
- ¼ yard dark green fabric for sashing strips
- 1 yard white print background fabric
- Variety of red scraps for hearts and berries –
  I used two red prints
- Variety of green scraps for leaves –
  I used two green prints
- ⅝ yard backing fabric and ¼ yard binding fabric –
  or 1 yard total (for both)

Additional Supplies:
- Thread to match fabric
- Batting
- Supplies to work in your favorite appliqué method –
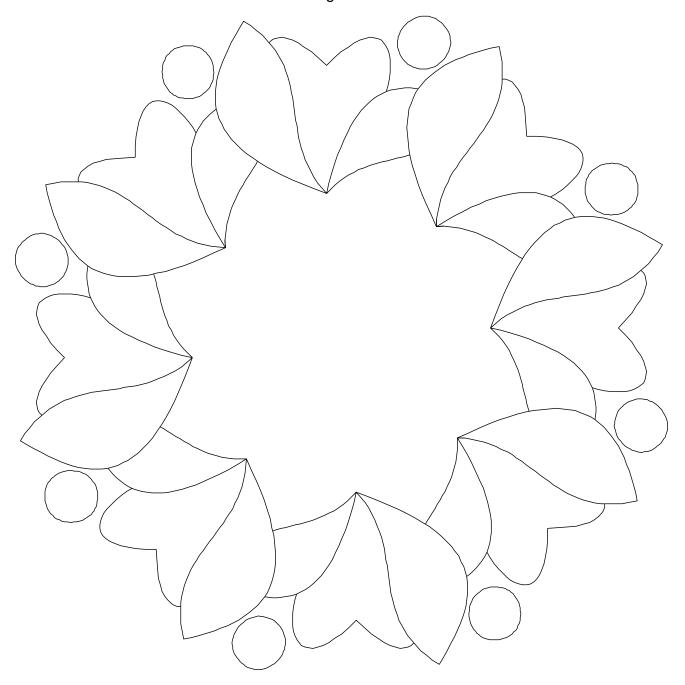 Upside-down appliqué instructions are included with
  this pattern.

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18-½" x 41-½"

Table Runner

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#LC2

Enlarge 158%

Ring of Hearts Template –

Ring of Hearts

Read all instructions before beginning.

Cutting Requirements:

From white print background fabric:
- Cut (3) 12-½" squares
- Cut (4) 6" squares
- Cut (3) 3-½" x width of fabric

From green print fabric:
- Cut (4) 1" x width of fabric sashing strips

From backing fabric:
- Cut (3 strips) 2-¼" x width of fabric for binding

Appliqué:

I chose to appliqué with the upside-down method. Keep in mind mirror images for whichever appliqué method you choose. I traced the wreath template onto a 12-½" square of iron-on stabilizer and ironed the stabilizer to the wrong side of the background fabric. The method is the same for the corner blocks (using a 6" square of stabilizer).

I pinned a 3" red square (heart fabric), right side up, on the right side of the background fabric over the design area. From the back side, I free-motion stitched on the marked design to secure the appliqué (using a lightweight matching thread in both top and bobbin). Stitch every other heart into position. Very carefully, from the right side, trim the excess appliqué fabric as close to the stitching line as possible. Repeat for the remaining four hearts.
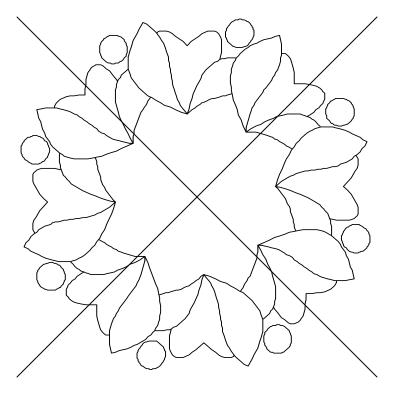
Repeat the process for the berries.

Thread the machine with lightweight thread to match the small leaves. Continue sewing and trimming the leaves.

Repeat the process for the large leaves.

I used matching rayon thread (cotton embroidery thread would look nice as well) to machine satin stitch around each piece. Other decorative stitches could be used in place of the satin stitch.

When finished, press the completed block from the wrong side and tear away the stabilizer.

* You may have to adjust measurements, depending upon your sewing method.

Squaring the Blocks:

Square the three wreath blocks to 11-½".
Square the four corner blocks to 3-½".

Layout and Sewing:

Following the picture on the front of this pattern, arrange the blocks in rows, on the floor, or on a design wall. From the sashing strips, cut four 11-½" strips and align those on either side of the wreath blocks.

From one of your 3-½" background strips, cut two 11-½" strips and align one at each end. Pin and, using a ¼" seam allowance, carefully sew the assembly together. Press seams towards the sashing.

Inner Border:

Measure the table runner, lengthwise, and cut two 1" sashing strips to this measurement. This measurement should be 41-½". Pin, sew to each long side of the table runner, and press seams toward the sashing.

Outer Border:

Trim the remaining two 3-½" background print strips to 34-⅛". Using a ¼" seam allowance, sew a 3-½" x 1" strip to each end of the background strips. Using a ¼" seam allowance, sew a corner block to each end. Be sure to get the orientation of the corner blocks correct. Press seams toward the sashing. The total measurement should equal 41-½".

Pin and, using a ¼" seam allowance, carefully sew a border assembly to each side of the table runner. Press seams towards the sashing.
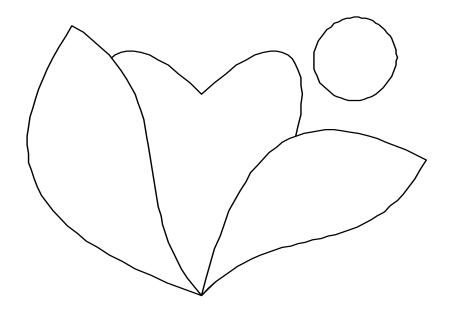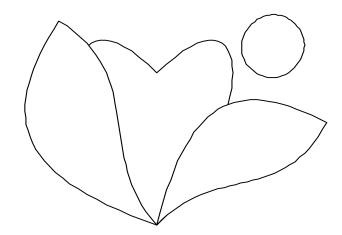
Finishing:

Because I quilt on a domestic machine, I layer the top, batting, and backing together and pin-baste. Then I stitch in the ditch to stabilize the quilt, and quilt as desired. In this case, I cross-hatched the center, and used the heart template as a quilting design in the borders.

Square the quilt and bind the edges.

Add a label.

Ring of Hearts Wreath Template – Actual Size

Corner Heart Template – Actual Size